



## New Guide Offers Insurance Guidance for Family Caregivers—Insure.com Report

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*Insurance can provide essential caregiver support and offers long-term protection for family and loved ones*

**Foster City, CA – November 21, 2019**—In recognition of National Family Caregivers Month, [Insure.com](https://www.insure.com) published a guide to inform readers about options for long-term care protection and other available support.

Nearly half of parents (47%) with children aged 18 or younger are also caregivers for their own parents. Caregivers dedicate more than three hours per day, on average, to support those who need their help.

The new guide instructs readers on:

- How to choose a Medicare plan
- The differences between Medicare, Medicare Advantage, Medigap and Medicaid
- Options for long-term care protection
- Life insurance possibilities including which riders may be important

Equally as important, the guide explains what readers should understand about auto insurance and outlines what isn't generally covered by public insurance plans.

"Everyone is likely to get old and many of us will need long-term care. Now is the time to prepare, so you can reduce the costs and stress for caregivers later," suggests Les Masterson, managing editor of Insure.com.

The complete report is accessible here: <https://www.insure.com/life-insurance/family-caregivers-guide-insurance>

Insure.com's Managing Editor Les Masterson is available to discuss how caregivers can navigate insurance alternatives.

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